Springdale First School
PE Concept Map

Imagine, Believe, Achieve

CONCEPTS	COMPONENTS	CONTEXTS/DISCIPLINES
Motor Competence	Running	Dance
	Jumping and landing	Gym
	Throwing	Athletics
	Catching	
	Balance	Football
	Agility	Rugby
	Co-ordination	Netball
Rules, strategies and tactics	Conventions	Cricket
	Regulations	Rounders
	Strategies	
		Volleyball
Healthy participation	Social interaction	
	Health and fitness	Outdoor and adventurous activity
	Creativity	
	Practice	
	Application	
	Personal development	