Frida Kahlo

(1907-1954)



Frida once said 'I am happy as long as I can paint'.

Frida Kahlo was a Mexican artist.

What was her early life like?

Frida was born in Mexico. She loved to draw from an early age.

She became ill with polio when she was six. The disease made it difficult for her to walk.

What was her adult life like?

Frida was in a bus accident when she was 18. She had lots of injuries and had to spend months in bed recovering. She had a mirror put on her ceiling so she could see herself. She began to draw what she could see. It is called a self-portrait when an artist draws themselves.

What was her art like?

Many of Frida's most famous paintings are self-portraits. She said, 'I paint self-portraits because I am the person I know best'.

A lot of her work has:

- bright colours
- animals
- flowers and plants
- Mexican clothing and buildings.

She liked to paint onto canvas using oil paints.



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How talented was she?

Frida travelled to the
United States and Europe
to show people her
paintings. She was the
first 20th century Mexican
artist to have work shown
at the Louvre in Paris. The
Louvre is a famous art
museum.

Did you know...?

Frida was known for wearing bright colours and flowers in her hair.

Disclaimer: If you intend to conduct child-led independent research, you should ensure that information available from other sources is suitable for the children you teach



